

## Male build table ages 16-70

Height	Preferred Best	Preferred	Standard Plus	Standard*
5'0"	149	159	174	192 – 197
5'1"	153	164	180	198 – 203
5'2"	159	170	185	205 – 210
5'3"	164	175	190	211 – 217
5'4"	169	180	196	218 – 224
5'5"	174	186	201	225 – 231
5'6"	180	192	207	232 – 238
5'7"	185	198	213	239 – 245
5'8"	190	203	219	246 – 253
5'9"	196	209	224	253 – 260
5'10"	202	216	230	261 – 268
5'11"	208	222	237	268 – 276
6'0"	213	228	244	276 – 283
6'1"	219	235	251	284 – 291
6'2"	225	241	257	292 – 299
6'3"	232	248	264	300 – 308
6'4"	238	254	271	308 – 316
6'5"	244	260	277	316 – 324
6'6"	250	267	284	324 – 333
6'7"	255	273	291	332 – 341

## Female build table ages 16-70

Height	Preferred Best	Preferred	Standard Plus	Standard*
4'10"	137	147	158	179 – 184
4'11"	142	152	162	185 – 190
5'0"	147	158	168	192 – 197
5'1"	152	163	175	198 – 203
5'2"	157	168	181	205 – 210
5'3"	162	174	187	211 – 217
5'4"	167	179	192	218 – 224
5'5"	173	185	198	225 – 231
5'6"	177	191	204	232 – 238
5'7"	182	197	211	239 – 245
5'8"	187	200	215	246 – 253
5'9"	191	205	220	253 – 260
5'10"	195	211	225	261 – 268
5'11"	202	217	229	268 – 276
6'0"	209	222	234	276 – 283
6'1"	214	229	240	284 – 291
6'2"	219	234	247	292 – 299
6'3"	224	240	252	300 – 308
6'4"	228	246	259	308 – 316
6'5"	233	251	265	316 – 324

\* Ages 16-44 use lower weight. Ages 45 and older use higher weight. Assumes no other ratable impairments.

## Male build table ages 71+

Height	Preferred Best	Preferred	Standard Plus	Standard
5'0"	151	163	176	197
5'1"	156	168	182	203
5'2"	161	174	187	210
5'3"	167	179	192	217
5'4"	172	184	198	224
5'5"	177	190	203	231
5'6"	183	196	209	238
5'7"	188	203	216	245
5'8"	194	208	222	253
5'9"	200	214	228	260
5'10"	205	219	234	268
5'11"	211	225	241	276
6'0"	217	231	248	283
6'1"	223	238	255	291
6'2"	230	261	257	299
6'3"	236	251	268	308
6'4"	242	257	275	316
6'5"	247	264	280	324
6'6"	253	271	286	333
6'7"	259	277	293	341

## Female build table ages 71+

Height	Preferred Best	Preferred	Standard Plus	Standard
4'10"	139	150	162	184
4'11"	144	155	167	190
5'0"	149	161	172	197
5'1"	154	166	178	203
5'2"	159	172	183	210
5'3"	164	177	188	217
5'4"	169	182	193	224
5'5"	175	188	199	231
5'6"	180	193	204	238
5'7"	185	199	210	245
5'8"	190	204	215	253
5'9"	195	210	221	260
5'10"	200	216	227	268
5'11"	205	221	233	276
6'0"	211	228	239	283
6'1"	217	234	245	291
6'2"	223	240	252	299
6'3"	228	246	258	308
6'4"	233	251	265	316
6'5"	237	255	271	324

## Underwriting requirements—expiration

**Applications** – Good for 1 year

**Exams** – Good for 1 year up to age 70. Over age 70, need a new exam after 6 months.  
Good Health statement needed after 90 days up to age 70 and after 60 days if over age 70.

**Labs** – Good for one year up to age 70 and 6 months over age 70.

**EKG's, Cognitive tests, Functional tests, IR, MVR** – Good for 1 year