

# Height/weight charts

Super Preferred, Preferred, Super Standard, Standard build height																										
Age 20-44 male and female																										
Height	4'8"	4'9"	4'10"	4'11"	5'0"	5'1"	5'2"	5'3"	5'4"	5'5"	5'6"	5'7"	5'8"	5'9"	5'10"	5'11"	6'0"	6'1"	6'2"	6'3"	6'4"	6'5"	6'6"	6'7"	6'8"	6'9"
Super Preferred	129	134	139	144	149	154	159	164	169	174	180	185	191	197	202	208	214	220	226	232	239	245	251	258	264	271
Preferred	138	143	148	153	159	164	170	175	181	186	192	198	204	210	216	222	229	235	242	248	255	262	269	276	283	290
Super Standard	147	152	158	163	169	175	180	186	192	198	205	211	217	224	230	237	244	250	257	264	271	279	286	293	301	308
Standard	162	168	174	180	186	193	199	206	212	219	226	233	240	247	254	261	269	276	284	292	299	307	315	323	332	340

Super Preferred, Preferred, Super Standard, Standard build height																										
Age 45-64 male and female																										
Height	4'8"	4'9"	4'10"	4'11"	5'0"	5'1"	5'2"	5'3"	5'4"	5'5"	5'6"	5'7"	5'8"	5'9"	5'10"	5'11"	6'0"	6'1"	6'2"	6'3"	6'4"	6'5"	6'6"	6'7"	6'8"	6'9"
Super Preferred	132	136	141	146	151	156	161	167	172	177	183	188	194	200	206	212	218	224	230	236	243	249	256	262	269	276
Preferred	140	146	151	156	161	167	172	178	184	189	195	201	207	213	220	226	232	239	246	252	259	266	273	280	287	294
Super Standard	152	157	163	168	174	180	186	192	198	204	211	217	224	230	237	244	251	258	265	272	280	287	295	302	310	318
Standard	167	173	179	185	192	198	205	211	218	225	232	239	246	253	261	268	276	284	292	300	308	316	324	332	341	349

Super Preferred, Preferred, Super Standard, Standard build height																										
Age 65 & up male and female																										
Height	4'8"	4'9"	4'10"	4'11"	5'0"	5'1"	5'2"	5'3"	5'4"	5'5"	5'6"	5'7"	5'8"	5'9"	5'10"	5'11"	6'0"	6'1"	6'2"	6'3"	6'4"	6'5"	6'6"	6'7"	6'8"	6'9"
Super Preferred	134	139	144	149	154	159	164	169	175	180	186	192	197	203	209	215	221	228	234	240	247	253	260	267	273	280
Preferred	143	148	153	158	164	169	175	181	187	192	198	204	211	217	223	230	236	243	250	256	263	270	277	284	292	299
Super Standard	156	162	167	173	179	185	191	198	204	210	217	224	230	237	244	251	258	266	273	280	288	295	303	311	319	327
Standard	167	173	179	185	192	198	205	211	218	225	232	239	246	253	261	268	276	284	292	300	308	316	324	332	341	349

**Principal Height and Weight Table - Ages 16 - 44  
Standard Through Table 10**

	Standard	Table 2	Table 3	Table 4	Table 6	Table 8	Table 10	Table 12
Height	Weight							
4' 8"	162	173	180	189	198	207	211	216
4' 9"	168	180	187	196	205	214	219	224
4' 10"	174	186	193	203	212	222	227	232
4' 11"	180	193	200	210	220	230	235	240
5' 0"	186	199	207	217	227	238	243	248
5' 1"	193	206	214	224	235	246	251	256
5' 2"	199	213	221	232	243	254	259	265
5' 3"	206	220	228	239	251	262	268	273
5' 4"	212	227	235	247	259	270	276	282
5' 5"	219	234	243	255	267	279	285	291
5' 6"	226	241	250	263	275	288	294	300
5' 7"	233	249	258	271	284	296	303	309
5' 8"	240	256	266	279	292	305	312	318
5' 9"	247	264	274	287	301	314	321	328
5' 10"	254	271	282	296	310	324	331	338
5' 11"	261	279	290	304	319	333	340	347
6' 0"	269	287	298	313	328	342	350	357
6' 1"	276	295	306	322	337	352	360	367
6' 2"	284	303	315	331	346	362	369	377
6' 3"	292	312	324	340	356	372	380	388
6' 4"	299	320	332	349	365	382	390	398
6' 5"	307	328	341	358	375	392	400	408
6' 6"	315	337	350	367	385	402	411	419
6' 7"	323	346	359	377	395	412	421	430
6' 8"	332	355	368	386	405	423	432	441
6' 9"	340	363	377	396	415	433	443	452

*This chart is only to be used to provide an estimate for underwriting action. The final decision is based on all evidence.*

**Principal Height and Weight Table - Ages 45 - 64  
Standard Through Table 10**

	Standard	Table 2	Table 3	Table 4	Table 6	Table 8	Table 10	Table 12
Height	Weight							
4' 8"	167	178	185	189	198	207	211	216
4' 9"	173	184	191	196	205	214	219	224
4' 10"	179	191	198	203	212	222	227	232
4' 11"	185	198	205	210	220	230	235	240
5' 0"	192	204	212	217	227	238	243	248
5' 1"	198	211	219	224	235	246	251	256
5' 2"	205	218	226	232	243	254	259	265
5' 3"	211	225	234	239	251	262	268	273
5' 4"	218	233	241	247	259	270	276	282
5' 5"	225	240	249	255	267	279	285	291
5' 6"	232	247	257	263	275	288	294	300
5' 7"	239	255	264	271	284	296	303	309
5' 8"	246	263	272	279	292	305	312	318
5' 9"	253	270	281	287	301	314	321	328
5' 10"	261	278	289	296	310	324	331	338
5' 11"	268	286	297	304	319	333	340	347
6' 0"	276	294	305	313	328	342	350	357
6' 1"	284	303	314	322	337	352	360	367
6' 2"	292	311	323	331	346	362	369	377
6' 3"	300	320	332	340	356	372	380	388
6' 4"	308	328	340	349	365	382	390	398
6' 5"	316	337	349	358	375	392	400	408
6' 6"	324	346	359	367	385	402	411	419
6' 7"	332	355	368	377	395	412	421	430
6' 8"	341	364	377	386	405	423	432	441
6' 9"	349	373	387	396	415	433	443	452

*This chart is only to be used to provide an estimate for underwriting action. The final decision is based on all evidence.*

**Principal Height and Weight Table - Ages 65 & Up  
Standard Through Table 10**

	Standard	Table 2	Table 3	Table 4	Table 6	Table 8	Table 10	Table 12
Height	Weight							
4' 8"	167	178	185	189	198	207	211	216
4' 9"	179	184	191	196	205	214	219	224
4' 10"	179	191	198	203	212	222	227	232
4' 11"	185	198	205	210	220	230	235	240
5' 0"	192	204	212	217	227	238	243	248
5' 1"	198	211	219	224	235	246	251	256
5' 2"	205	218	226	232	243	254	268	265
5' 3"	211	225	234	239	251	262	276	282
5' 4"	218	233	241	247	259	270	276	282
5' 5"	225	240	249	255	267	279	285	291
5' 6"	232	247	257	263	275	288	294	300
5' 7"	239	255	264	271	284	296	303	309
5' 8"	246	263	272	279	292	305	312	318
5' 9"	253	270	281	287	301	314	321	328
5' 10"	261	278	289	296	310	324	331	338
5' 11"	268	286	297	304	319	333	340	347
6' 0"	276	294	305	313	328	342	350	357
6' 1"	284	303	314	322	337	352	360	367
6' 2"	292	311	323	331	346	362	369	377
6' 3"	300	320	332	340	356	372	380	388
6' 4"	308	328	340	349	365	382	390	398
6' 5"	316	337	349	358	375	392	400	408
6' 6"	324	346	359	367	385	402	411	419
6' 7"	332	355	368	377	395	412	421	430
6' 8"	341	364	377	386	405	423	432	441
6' 9"	349	373	387	396	415	433	443	452

*This chart is only to be used to provide an estimate for underwriting action. The final decision is based on all evidence.*